



# Course: Water Rescue Technician



<b>Location</b>	<b>Grand Traverse Bay YMCA</b> 3700 West Sliver Lake Rd Traverse City, MI 49684
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<b>Course Description</b>	<p>The Peninsula Township Fire Department is hosting a Water Rescue Technician course instructed by certified in-house instructors. This 2-day course meets/exceeds NFPA 1670 &amp; NFPA 1006 Standards for Technical Rescue. Attendees will gain the knowledge and skills to perform safe, efficient, and effective rescues in various water environments.</p> <p>This fast-paced course will train attendees to:</p> <ul style="list-style-type: none"><li>• Understand the anatomy of water incidents</li><li>• Execute rescue methods in dynamic conditions</li><li>• Apply safety procedures for rescuers and victims</li><li>• Build teamwork, awareness, and decisive action for dynamic scenarios</li></ul> <p>Lunch and Snacks Provided Both Days!</p>
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<b>Dates &amp; Times</b>	Wednesday <b>January 7<sup>th</sup> 2026</b> - 0700-1700 Thursday <b>January 8<sup>th</sup> 2026</b> - 0700-1700
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<b>Requirements:</b>	<p>Attendees should be in good physical condition and be comfortable in open water. They must also be able to complete the following:</p> <ul style="list-style-type: none"><li>○ Swim 100 yards</li><li>○ Surface dive and swim under water 35 across the surface.</li><li>○ Support a 10 lbs. weight at the water surface with one hand while treading water for 1 minute.</li><li>○ While in deep water remove PFD and dive to recover an object</li><li>○ Must be Sponsored by a Fire Department, Rescue Squad, etc.</li></ul>
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<b>Equipment &amp; Attire</b>	<ul style="list-style-type: none"><li>○ Professional Attire or Uniform for the Classroom</li><li>○ Bathing Suit</li><li>○ Towel</li><li>○ Rash Guard – Highly recommended</li><li>○ Type V PFD</li><li>○ Water Rescue Type Helmet</li></ul> <p><i>If you do not have a type V PFD a Type III will suffice</i></p>
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<b>Registration</b>	Class Cost \$425 Per Person <a href="https://forms.gle/Mqjdz8GXaQG16uGp8">https://forms.gle/Mqjdz8GXaQG16uGp8</a>
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<b>Coordinator &amp; Contact</b>	<b>Lieutenant Kyle Sarber</b> E: <a href="mailto:ksarber@peninsulafire.org">ksarber@peninsulafire.org</a> (preferred) P: (231)360-1830
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